

You are invited to the
5TH ANNUAL
Celebration of Early Childhood Professionals
DINNER & TRIBUTE

Monday, April 13, 2020
Doors open at 5:30 pm • Dinner at 6:00 pm

First United Methodist Church
Christian Life Center – Cupp Hall (Gym)
218 Pratt • Hot Springs

Come early and view
Professional Development Displays by

- Arkansas Early Childhood Association (AECA)
- Lakeshore
- UAFS Early Childhood Education

- EAST Lab from Hot Springs Middle School will be taking a group photo of each program's staff
- Fabulous Lakeshore Door Prizes
Each program in attendance will receive one door prize
- Free Tote Bags from Lakeshore
- A Children's Book from
Early Childhood Services, Inc.

Special Presentation
"Self-Care is NOT Selfish!"

presented by Shelli Henehan, Ed.D.
*Associate Professor/Assessment Coordinator/
Director of Early Childhood Education
UAFS School of Education/College of STEM*

Early childhood educators are well-known for being caregivers and nurturers for the children in their lives, often putting their own physical, psychological, emotional, spiritual, social and professional needs on the back burner.

Research has shown that denying self-care has led to teacher burn-out.

Don't let this happen to you!

See registration form for information
on how to register for the Dinner & Tribute

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Child Care Aware of West Central Arkansas
Hot Springs Early Childhood Association



RECEIVE 2 HOURS OF PDR CREDIT



**Self-Care is
NOT Selfish!**