

**Title of Training:** Arkansas Children's Week

3/8/22

**NWAECA Board Members:**

Rebecca Dunahoo– President, Amy Eddy– President Elect, Natasha Kile – Treasurer, Emma Tempest – VP Communication, Emmarose Gupton – Secretary, Alicia Mooney, Rebecca Evans – Benton County's Member-at-Large, Anna Cannon – Washington County Member-at-Large, Debbie Mays – Advisory Board, Elizabeth Scudder – Advisory Board, Debbie May, Susan Edwards Teters, Elizabeth Scudder, Terri – Advisor

**Number Present: 58**

**Call to Order/Greetings**

**President**

Rebecca Dunahoo, President called the meeting to order at 6:30 pm.

**Approval of December, 2021 Minutes**

**Secretary**

The February meeting minutes have been posted in the [NWAECA Facebook group](#) as well as on the [AECA website](#). A motion was made by Emmarose Gupton to accept the minutes as written and seconded by Terri Teters

**Treasurer Report**

**Treasurer**

Natasha Kile shared the Treasurer Report. The current NWAECA affiliate balance is \$425.10 with no outstanding charges.

**NEW BUSINESS:**

**President**

**Well-Being Check-In**

**Emma Tempest**

Emma reminded us about the opportunity to share our wins on the NWAECA Facebook group page each Friday. Emma shared 4 questions with us about 'Habit Building'. Emma also shared with us about we need to stack new habits with old habits.

**Upcoming Trainings/Conferences/Early Childhood Events**

**Open Share**

Kelsey McCabe shared with us about ways we can help new Moms at the age of 16 and a huge need for diapers. Annual Diaper drive, the whole month of April. If you're interested in participating, please reach Kelsey at [kmccabe@nwachildcare.org](mailto:kmccabe@nwachildcare.org)

**NWA Director's Roundtable**

March 9<sup>th</sup> 10am-12pm on zoom

**Presentation: Arkansas Children's Week**

Rebecca introduced Marcy White, Project Coordinator and Author of numerous Children's books. Marcy started off talking about the new theme for Arkansas Children's Week. Drum roll... Humor and Happiness is the theme for Arkansas Children's Week of 2022. Marcy also shared that laughing and smiling is good for our health and managing stress. Arkansas Children's week is going to be April 2-8<sup>th</sup>. Marcy shared ways we can Cultivate Happiness: Appreciate one another, Sharing good stuff, also Sharing acts of Kindness with others. Marcy shared with us the Planning tool kit: If you want to order a shirt there is a PDF at [ASUChildhoodservices.org](http://ASUChildhoodservices.org).

You can contact Rebecca Dunahoo at [RDunahoo@Astate.edu](mailto:RDunahoo@Astate.edu) if you want any resources that were discussed tonight.

**Until We Meet Again****Emma Tempest**

Emma reminded us to look for the Well Being connection post in the [Facebook group](#).

**Next Meeting**

Join us on April 12<sup>th</sup> at 6:30 pm as our guest speaker, Michelle Pounds talks about Wellness, Self-Care and You (PDR #38208).

**Adjourn****President**

**Rebecca adjourned the meeting at 8:00 pm.**